

Ready for School. Set for Life.

Partnering with parents and families to help all children stay healthy and succeed in school.



Parent Guide to First Things First Funded Programs

Contact

Are you a parent or caregiver looking for resources and support?

- **Bright and Healthy Start Program**

Yuma County Public Health Services Dist.
(928) 317-4540 X 1818

- **Parent Awareness Program**
- **Choices for Teen Parents (teen parents under 21)**

Strengthens families with young children by providing voluntary classes in home and community-based settings.

Child and Family Resources, Inc.
(928) 783-4003 X 23
(928) 783-4003 X 18

Do you have parenting questions, or need advice?

Birth to Five Helpline

Helps families with young children get free answers to their toughest parenting questions.

Southwest Human Development, Inc.
(877) 705-KIDS (5437)

Are you looking for pregnancy support services?

Maternal Child Health Program

Increases healthy pregnancies and good birth outcomes.

Yuma County Public Health Services Dist.
(928) 317-4540 X 1818

Healthy Families

Improves health and development outcomes for high-risk newborns

Child and Family Resources, Inc.
(928) 783-4003 X 33

Do you need to keep you or your child safe and well?

Food For Thought

Improves the health and nutrition of children 5 and younger and their families.

Yuma Community Food Bank

(928) 343-1243

Do you need information about your child's special needs?

Parents As Teachers Coaching Program

Improves the education and health of children with special needs who don't qualify for publicly funded early intervention programs.

Easter Seals Blake Foundation

(928) 276-9225 X 5104

Are you seeking quality child care for your infant or toddler?

Quality First Child Care Scholarships

Helps low-income families afford a better educational beginning for their children.

United Way of Yuma

(928) 783-0515

Do you need to find a preschool?

Pre-Kindergarten Scholarships

Increase the number of 3- and 4-year olds enrolled in high quality preschool programs that prepare them to succeed in kindergarten and beyond.

School District. One, (928) 502-8129

Crane School District (928) 373-3950

Gadsden School District (928) 627-6960

Somerton School District (928) 341-6709

Harvest Preparatory (928) 782-2052 X4333

First Things First Yuma Regional Partnership Council

For more information contact:

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Nena Garcia, Community Outreach Coordinator at mgarcia@azftf.gov or 928-343-3020

